COMBINED DECLARATION AND POWER OF ATTORNEY FOR PATENT APPLICATION

As a below named inventor, I hereby declare that:

My residenc my name.	e, post office address and	citizenship are as stated b	elow next to			
below) or an origin subject matter whi	al, first and joint inventor (ch is claimed and for which RESISTANCE CABLE F	ole inventor (if only one na if plural names are listed b ch a patent is sought on the PORTABLE EXERCISE AF	elow) of the			
	is attached hereto. was filed on as Application and was amended on with amendments through	on No. (if applicable n (if applical) ole).			
I hereby state that I have reviewed and understand the contents of the above- identified specification, including the claims, as amended by any amendment referred to above.						
	is application in accorda	information which is mat nce with Title 37, Code				
Sec. 119 (a)-(d) of certificate, or §3656 one country other identified below an	or §365(b) of any foreign (a) of any PCT international than the United States of y foreign application for parapplication having a filing	s under Title 35, United S application(s) for patent of al application which designated America, listed below and atent or inventor's certificated date before that of the ap	or inventor's ated at least d have also e, or of any			
Prior Foreign Applic	cation(s)		Claiming Priority?			
(Number)	(Country)	(Day/Month/Year Filed)	Yes No			
	im the benefit under Title 3 provisional application listed	35, United States Code, Sed below:	ec. 119(e) of			
Provisional Application No.		Filing Date				

I hereby claim the benefit under Title 35, United States Code, Sec. 120 or §365(c) of any national or PCT international application designating the United States of America listed below and, insofar as the subject matter of each of the claims of this application is not disclosed in the prior United States application in the manner provided by the first paragraph of Title 35, United States Code, Sec. 112, I acknowledge the duty to disclose information which is material to patentability as defined in Title 37, Code of Federal Regulations, Sec. 1.56 which occurred between the filing date of the prior application and the national or PCT international filing date of this application:

(Application No.)	(Filing Date)	(Status) (patented, pending,	
		abandoned)	

I hereby appoint the following attorneys to prosecute the application, to file a corresponding international application, to prosecute and transact all business in the Patent and Trademark Office connected therewith:



Attorney Name

Registration No.

Kurt M. Rylander

43,897

Direct all telephone calls to **Kurt M. Rylander** at (360) 750-9931 and send all correspondence to:

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I hereby declare that all statements made herein of my own knowledge are true and that all statements made on information and belief are believed to be true; and further that these statements were made with the knowledge that willful false statements and the like so made are punishable by fine or imprisonment, or both, under Section 1001 of Title 18 of the United States Code and that such willful false statements may jeopardize the validity of the application or any patent issued thereon.

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